

# Hay Riverside Run (5k) Results By % WR

Weather: Beautiful, sunny morning      Date: 28 May 2022      Total Runners: 8

Pos.	Name	Race No.	Time	Age Cat	Age	M/F	% of Age WR	Club	PB Time	PB?	CR?	Total Runs
1	Rose Thomas		00:29:01	VW 70-74	70	F	72.14	Rhayader R.C.	28:34			5
2	Steve Goodridge		00:23:56	VM 55-59	59	M	66.02	Hay Hotfooters	21:44			84
3	Jack Ockle?		00:21:30	JM 15-17	15	M	65.58		00:00			1
4	Alan Harry		00:34:38	VM 75-79	78	M	58.37	Hay Hotfooters	30:19			95
5	Peter Summers		00:22:24	VM 35-39	36	M	57.74	Hay Hotfooters	21:03			16
6	Daniel Sheen		00:25:21	VM 35-39	39	M	51.61	Pembrokeshire Triathlon Cl	00:00			1
7	Eleanor Griffiths		00:28:54	SW 30-34	33	F	48.85	Hay Hotfooters	21:32			47
8	Natalie Connors		00:30:53	SW 25-29	25	F	45.71	Hay Hotfooters	27:41			14