

Hay Riverside Run (5k) Results By % WR

Weather: Fine & Dry

Date: 25 June 2022

Total Runners: 10

Pos.	Name	Race No.	Time	Age Cat	Age	M/F	% of Age WR	Club	PB Time	PB?	CR?	Total Runs
1	Rose Thomas		00:29:42	VW 70-74	70	F	70.48	Rhayader R.C.	28:34			8
2	Mark Hird		00:25:30	VM 60-64	62	M	63.73	Hay Hotfooters	24:29			53
3	Sharon Collins		00:28:52	VW 55-59	58	F	61.61	Hay Hotfooters	24:26			74
4	Ollie Wilkinson		00:23:52	VM 45-49	46	M	59.99		22:49			12
5	Alan HARRY		00:34:52	VM 75-79	79	M	59.03	Hay Hotfooters	30:19			97
6	Greg Barnes		00:26:35	VM 50-54	52	M	56.30		28:21	Y		2
7	Noah Barnes		00:28:20	JM	12	M	55.06		29:38	Y		2
8	Mick Collins		00:28:50	VM 55-59	57	M	54.05	Hay Hotfooters	22:51			53
9	Jo Silverwood		00:30:00	VW 35-39	38	F	49.61		28:14			9
10	Jessale Dixon		00:37:27	SF	27	F	37.69		00:00			1