

Hay Riverside Run (5k) Results By % WR

Weather: Fine, summer's morning

Date: 09 July 2022

Total Runners: 16

Pos.	Name	Race No.	Time	Age Cat	Age	M/F	% of Age WR	Club	PB Time	PB?	CR?	Total Runs
1	Patricia Ronksley		00:23:09	VW 60-64	62	F	80.99	The Stragglers	00:00			1
2	Rose Thomas		00:29:46	VW 70-74	71	F	72.06	Rhayader R.C.	28:34			10
3	John Taylor		00:25:02	VM 65-69	65	M	66.84	The Stragglers	00:00			1
4	Dave Griffiths		00:26:42	VM 65-69	69	M	66.60	The Stragglers	00:00			1
5	Mark Hird		00:24:55	VM 60-64	62	M	65.22	Hay Hotfooters	24:29			54
6	Steve Goodridge		00:24:51	VM 55-59	59	M	63.58	Hay Hotfooters	21:44			86
7	John Price		00:27:19	VM 65-69	65	M	61.26	Hay Hotfooters	23:24			103
8	Eleanor Griffiths		00:23:41	SW 30-34	33	F	59.61	Hay Hotfooters	21:32			49
9	James Walton		00:23:14	VM 45-49	43	M	59.25	Hay Hotfooters	22:03			23
10	Alan Nicholls		00:32:17	VM 70-74	71	M	56.58	Hay Hotfooters	28:26			53
11	Mark Thomas		00:30:47	VM 60-64	63	M	53.28	The Stragglers	30:22			2
12	Emma Anderson		00:29:20	VW 40-44	41	F	51.99		00:00			2
13	Sioned Morgan		00:34:04	VW 50-54	54	F	50.93	Straggers RC	36:22	Y		2
14	Alex O'Brien		00:34:20	VW 50-54	53	F	50.15		00:00			1
15	J Crichton-Stuart		00:36:50	JM	8	M	46.65		00:00			1
16	Suz Crichton-Stuart		00:36:51	VW 35-39	38	F	40.39		00:00			1