

Hay Riverside Run (5k) Results By % WR

Weather

Date:

Total Runners:

Pos.	Name	Race No.	Time	Age Cat	Age	M/F	% of Age WR	Club	PB Time	PB?	CR?	Total Runs
1	Paul Millsom		00:21:28	VM 65-69	66	M	79.11	Vegan Runner	21:42	Y	<input type="checkbox"/>	8
2	Rose Thomas		00:28:54	VW 70-74	71	F	74.22	Rhayader R.C.	28:34		<input type="checkbox"/>	12
3	Steve Goodridge		00:22:04	VM 55-59	59	M	71.60	Hay Hotfooters	21:44		<input type="checkbox"/>	87
4	Sharon Collins		00:26:42	VW 55-59	58	F	66.60	Hay Hotfooters	24:26		<input type="checkbox"/>	76
5	Mark Hird		00:24:33	VM 60-64	62	M	66.19	Hay Hotfooters	24:29		<input type="checkbox"/>	55
6	Kevin Dunster		00:25:00	VM 60-64	60	M	63.80	Hay Hotfooters	24:33		<input type="checkbox"/>	16
7	Peter Summers		00:20:46	VM 35-39	36	M	62.28	Hay Hotfooters	21:03	Y	<input type="checkbox"/>	20
8	Alan HARRY		00:35:16	VM 75-79	79	M	58.36	Hay Hotfooters	30:19		<input type="checkbox"/>	99
9	Gay Nash		00:35:15	VW 65-69	68	F	58.20		00:00		<input type="checkbox"/>	1
10	Cath Hughes		00:34:15	VW 55-59	58	F	51.92		30:48		<input type="checkbox"/>	6
11	Emma Anderson		00:30:45	VW 40-44	41	F	49.59		29:20		<input type="checkbox"/>	4
12	Felicity Gill		00:35:08	VW 40-44	41	F	43.41		27:39		<input type="checkbox"/>	13